



आई.सी.ए.आर. – केन्द्रीय अन्तर्स्थलीय मात्स्यकी अनुसंधान संस्थान
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F. No. Miscellaneous Occasions-178(2)/2025-Adm.I

Date: 19.05.2026

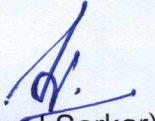
CIRCULAR

Sub: Nomination of Nodal Officer for International Day of Yoga (IDY) -reg.

In pursuance to endorsement of the Council regarding celebration of "12th International Day of Yoga" vide letter no GAC-21/04-2023-CDN dated 06.04.2026, the Director ICAR-CIFRI is pleased to nominate Dr. P.K. Parida, Senior Scientist as the Nodal Officer replacing Dr. Arun Pandit , Pr. Scientist to oversee all related activities.

The Nodal Officer shall be responsible for coordinating IDY activities in accordance with guidelines received from Council.

This is issued with the approval of the Competent Authority.


(Nirmal Sarkar)

Chief Administrative Officer

Distribution:

1. Dr. P.K. Parida, Senior Scientist & Nodal Officer of International Day of Yoga (IDF) Celebration for kind information and necessary action. (Email)
2. To all Heads of Divisions/Heads of Centre and Officers-in-Charge of all Sections/ Centres /Cells & Units for information and necessary action at their end. (Email)
3. The Chief Technical Officer to the Director Cell for kind information of the Director. (Email)
4. The Chief Finance & Accounts Officer for kind information and necessary action. (Email)
5. The Vigilance Officer, ICAR-CIFRI, Barrackpore for kind information. (Email)
6. Shri S.K. Sahu, Scientist In-charge, AKMU Cell for uploading in the Institute website.(Email)

मुख्य प्रशासनिक अधिकारी कक्ष
Chief Administrative officer cell
आयसी सं. / Dy No.
15 APR 2026 14



INDIAN COUNCIL OF AGRICULTURAL RESEARCH
KRISHI BHAWAN, NEW DELHI-110 001

F.No.GAC-21/04-2023-CDN

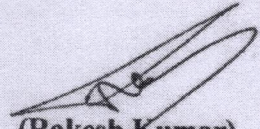
Dated: 06.04.2026

ENDORSEMENT

Sub: - 12th International Day of Yoga (IDY) 2026 -reg.

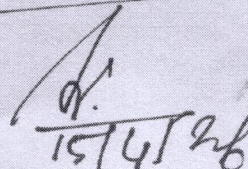
A copy of DO Letter No.M-16011/8/2026-YN dated 12th March, 2026 have been received in the Council from Secretary, Ministry of Ayush, Government of India.

With the approval of Competent Authority, ICAR, the DO letter is being uploaded on the ICAR website www.icar.gov.in and e-office for information and compliance.


(Rakesh Kumar)
Under Secretary (Cdn)

Distribution:

1. All the Constituent Units of ICAR viz. Directors/ Project Directors/ NRCs/ ATARIs etc.
2. All officers/ Sections at ICAR Krishi Bhawan/ KAB-I & II/ NASC.
3. PSO to DG, ICAR/ Sr. PPS to Secretary, ICAR/ PPS to FA, ICAR.
4. Director (GAC), ICAR, Krishi Bhawan, New Delhi for information.
5. Media Unit for uploading the endorsement on the ICAR Website.
6. Guard file/ spare copies

Admn-1

15/4/26

FN 21-4-2023 (dn)

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए., नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

सचिव (डेयर) एवं महानिदेशक (भा.क.अनु.प.) का कार्यालय
Office of Secretary (DARE) & DG (ICAR)
E-Dy. No. 2988225
Date 13/03/26

D.O.No.M-16011/8/2026-YN
12th March, 2026

Dear colleague,

As you are aware, International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, well-being, and preventive healthcare. In the run-up to the 12th International Day of Yoga (IDY) 2026, Ministry of Ayush is undertaking several initiatives to promote mass participation and awareness of Yoga across the country.

In this regard, Morarji Desai National Institute of Yoga (MDNIY), an autonomous organization under Ministry of Ayush, is entering into a Memorandum of Understanding (MoU) with Habuild Health Tech Private Limited to conduct "100 Days Free Live Yoga Sessions" for the public. This initiative is a part of the Ministry's Yoga 365 campaign, to promote Yoga as a national movement and integrate it into the daily lives of individuals, 365 days a year.

As part of this initiative, participants will be able to enroll in 14-day structured Yoga practice challenges, conducted through live sessions led by experts from MDNIY and Habuild Health Tech Private Limited. Multiple such 14-day slots will be organized during the 100-day period to facilitate participation of a large number of individuals. The sessions will be broadcast through the official YouTube platform of Ministry of Ayush to enable wide outreach and accessibility.

The initiative will culminate in a large-scale online Yoga event aimed at attempting a World Record, tentatively proposed to be held on 27th May 2026, in the run-up to the International Day of Yoga (IDY) 2026.

In view of the above, I would request you to encourage officers and staff members of your Ministry/Department and its attached and subordinate offices to actively participate in the live Yoga sessions under this initiative by registering at the link specifically created for each Ministry, as per enclosed excel sheet or by calling at dedicated Toll Free number: 18003157008. Their participation will not only contribute to their own health and well-being but also strengthen the nationwide celebration of International Day of Yoga, 2026.

Your support in disseminating information about this Initiative widely within your Ministry/Department would be highly appreciated.

With regards,
Yours sincerely,
(Signature)
(Rajesh Kotecha)

Encl: As above

To,

Secy. (D) - Q,
Dr. (DARE) 13/3/26

All Secretaries of all Ministries/ Departments, Government of India

US Con
S.K.S.
P. Prakash
endorsement
Sh SK
25/3/26

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